

# **Pearson BTEC L3 National Extended Certificate in Health & Social Care - transition work**

Welcome to the transition work for the **Pearson BTEC Level 3 National Extended Certificate in Health & Social Care**. This work is designed to help you prepare for the course starting in September by familiarising yourself with key concepts, theorists, and terminology that will be fundamental throughout your studies. Please complete the following tasks over the summer break.

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## **Task 1: Introduction to Health and Social Care**

### **Research Task**

1. **Explore Career Opportunities:** Identify and describe three career paths within health and social care that interest you. For each career path, include:
    - A brief job description
    - Necessary qualifications and skills
    - Potential work environments
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## **Task 2: Key Terminology in Health and Social Care**

### **Research and Define**

Create a glossary of the following key terms that you will encounter in your course. Provide definitions and examples where applicable:

1. Holistic Care
  2. Safeguarding
  3. Confidentiality
  4. Equality and Diversity
  5. Health Inequality
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## **Task 3: Theorists in Health and Social Care**

### **Research Task**

Research the following theorists who have contributed significantly to the field of health and social care. Write a short biography (150-200 words) for each, including their main theories and contributions to the field:

1. **Jean Piaget:** Explore Piaget's stages of cognitive development and their importance for understanding the developmental needs of children and adolescents.
2. **Noam Chomsky:** Examine Chomsky's theories on language development and their impact on communication in health and social care settings.
3. **Erik Erikson:** Review Erikson's stages of psychosocial development and their relevance to health and social care professionals.

4. **John Bowlby:** Investigate Bowlby's attachment theory and its significance in caregiving practices.
  5. **Albert Bandura:** Analyse Bandura's Social Learning Theory and its implications for health and social care.
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#### **Task 4: Health and Wellbeing**

##### **Writing Task**

1. **Impact of Lifestyle Choices:** Write an essay (500 words) discussing how lifestyle choices (e.g., diet, exercise, smoking, alcohol consumption) can impact an individual's health and wellbeing. Use recent research and statistics to support your points. Ensure to leave a list of references (the websites that you used to help you) at the end of the document.
  2. **Health Promotion Campaigns:** Choose a current health promotion campaign (e.g., anti-smoking, mental health awareness, healthy eating). Describe the campaign and evaluate how effective it is. Include details about the campaign's goals, target audience, and methods used to convey its message.
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#### **Task 5: Case Study Analysis**

##### **Critical Thinking Task**

You will be provided with a hypothetical case study (see below). Read the case study and answer the following questions in 400-500 words:

**Case Study:** Emily, a 75-year-old woman, has been living independently since her husband passed away two years ago. Recently, she has been experiencing difficulty with mobility and forgetfulness. Emily's daughter, who lives in another city, is concerned about her mother's ability to care for herself and is considering home care services or moving Emily to a residential care facility.

##### **Questions:**

1. Identify and discuss the key health and social care needs of Emily.
  2. What types of services could support Emily in maintaining her independence?
  3. How can health and social care professionals work together to ensure Emily's needs are met?
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##### **Submission**

Please compile all your work into a single document and submit it to your Health and Social Care teacher Miss Burke on your first lesson back. Ensure that each task is clearly labelled. Enjoy your summer and take this opportunity to deepen your understanding of the dynamic and rewarding field of Health and Social Care.