

## Supporting Your Child with Revision



"Teachers have a strong subject knowledge and are enthusiastic about their subjects. They use a variety of methods to help pupils remember what they have learned. Teachers identify misconceptions and discuss with pupils how to correct them. They regularly challenge pupils to develop their thinking and extend their answers."

Susan Maguire, Lead Inspector, October 2022



#### **Dates for the diary**

Date	Event
30 <sup>th</sup> January 2024	Parent event- Supporting your child with revision
19 <sup>th</sup> - 27 <sup>th</sup> February 2024	Mock exams
29 <sup>th</sup> February 2024	SJBC Careers Fair
14 <sup>th</sup> March 2024	Parents' Evening
27 <sup>th</sup> March 2024	Wellbeing trip to Thorpe Park
22 <sup>nd</sup> April 2024	Parent event- Supporting your child with their wellbeing
9 <sup>th</sup> May- 19 <sup>th</sup> June 2024	GCSE Public examinations
20 <sup>th</sup> June 2024	SJBC 6th Form Induction day
21 <sup>st</sup> June 2024	Leavers party (Prom)

## There are **13 weeks** (that's **71 days**) between now and the start of the GCSE examinations!

# **SCHOOL DAYS 49**

"Analysis shows that (absence) has been shown to have a statistically significant negative link to attainment."

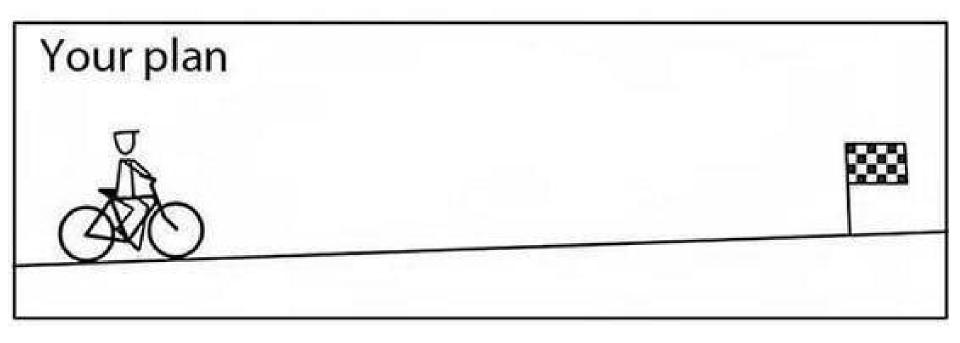
DFE website: The link between absence and attainment at KS4

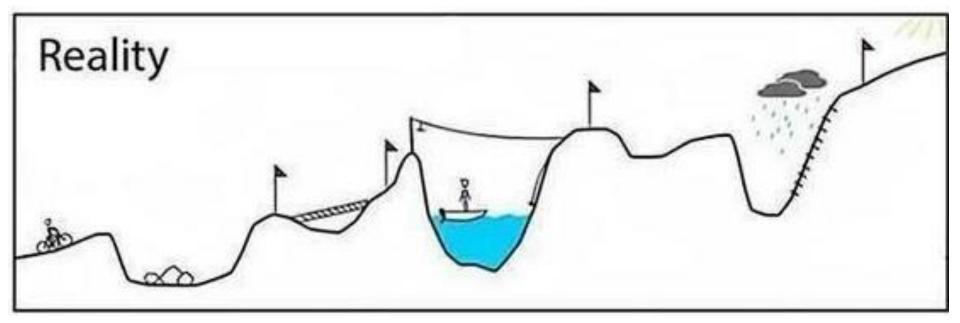


#### Why is attendance important?

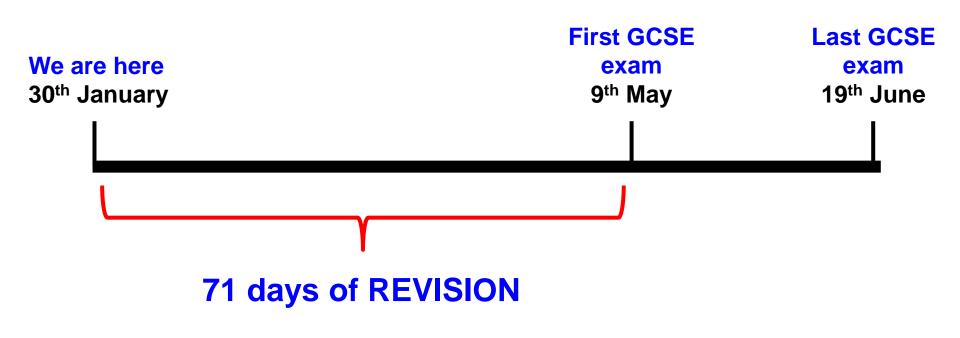
Attendance (%)	Consequence
97- 95	1/2 a grade below GCSE target
95	1 grade below GCSE target
90	1 <sup>1</sup> / <sub>2</sub> grades below GCSE target
Below 90	2 grades below GCSE target

If attendance can be improved by 5%, a student's GCSE grades can be improved by  $\frac{1}{2}$  a grade.





#### Timeline



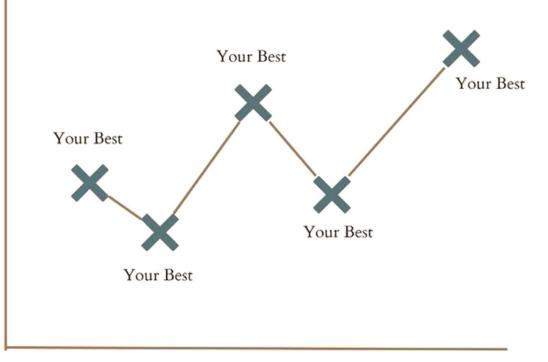
Teenagers can sometimes fall into the trap of having unrealistic expectations.

These can either be too high or too low.

It's important to maintain perspective.

Every day presents a unique combination of circumstances that influences what can be achieved.

It's enough that you help them recognise when and if they have done their best.



If your child is not revising, it's because they are intimidated by the task.

Revision can be really overwhelming simply because of the size of what is required.

What your child is thinking is that they are almost certainly going to fail to get through the whole task and if they're destined to fail what's the point in even starting?

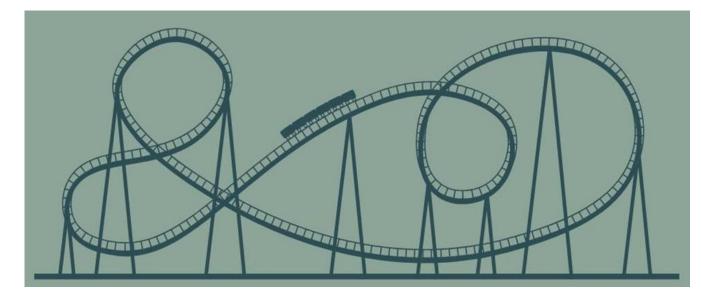


As parents, we often find ourselves navigating the turbulent roller-coaster of our teenagers' lives, especially in the build up to and during exams.

This is a huge challenge for all concerned.

There is growing pressure for them to do well academically, and parent guilt around this can be strong.

Small and simple steps can compound over time to lead to academic success!

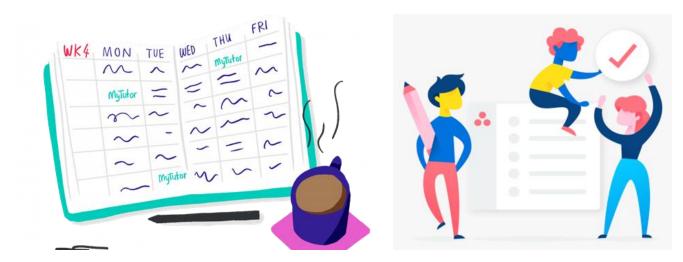


- 1. Check in with your child. Listen to understand, not respond. Be curious and try to uncover how their revision is going. Are they studying or avoiding? Some common reasons not to study can be:
  - it's too hard
  - feeling overwhelmed
  - struggling with motivation
  - their friends are not studying.



#### 2. Get organised

- Help your child get their notes organised and collated.
- Get clear on deadlines and exam dates.
- Designate a quiet space for study. Alternatively, use the school library on specified days.
- Create a study schedule that is realistic. If your child is not revising, then 30-60 minutes a day is a good starting point which can be built upon.



- **3. Tap into their why.** Most children gravitate towards revising subjects they enjoy. They can find it hard to see the purpose behind certain subjects.
  - "When am I going to use Newton's laws in real life?"
  - "I don't like Biology, I don't want to be a doctor!"
  - "When will I need 'An Inspector Calls' in the future?"

Academic success now can serve a greater purpose. It's a stepping stone towards future goals. Help your child get clarity on where they are going. It's ok even if they haven't got it all figured out.



#### 4. Create conditions for success.

- Remove barriers and distractions eg. making their phones and consoles less visible during study sessions.
- Set up the environment for successful studying eg. setting up flashcards on a desk in advance as a prompt to test.
- Encourage your child to get an accountability partner eg. yourself, a sibling, or one of their friends.



**5. Strike the balance.** Don't forget to encourage your child to do things that they enjoy. Hobbies and fun things should not be forgotten as time spent on these things does wonders for their wellbeing and concentration.



6. Praise effort, not grades. Recognise your child's efforts. Your praise and acknowledgment can supercharge their motivation and confidence. Recognise the positive character traits they are demonstrating rather than focussing on their actions.



- 7. Lead by example. Let your child see you:
  - Persevere through difficult things.
  - Do things you dislike for a greater purpose.
  - Demonstrate habits that you wish them to adopt.

For example, if you want your child to read, ask yourself how often do they see you read?



8. Let them make mistakes. As a parent, your job is not to rescue or protect your child from failure. Ultimately, we must allow our children to make their own decisions and experience the consequences. Every mistake made is a lesson learned and an opportunity for your child to have space to grow as an individual.



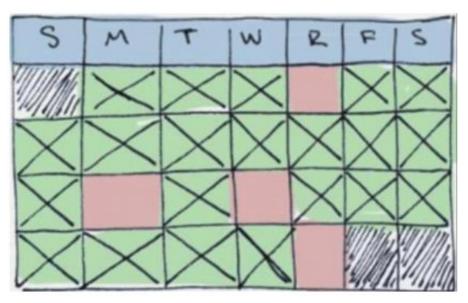
#### **Never miss twice!**

If your child faces a setback or struggles to muster willpower, remind them (and yourself!) that missing once is okay, but never miss twice!

For example, if they didn't go through their flashcards yesterday, fine but help them get back on track today.

If they didn't follow their revision schedule today, don't worry but make sure they get back to it tomorrow.

If they didn't complete the exam paper that they were mean to today, don't get stressed just remind them to *never miss twice*!



The biggest determinant of your child's success is their mindset.

A growth mindset isn't just positive thinking- it's evidencebased empowerment!

Studies show it fosters resilience, embraces challenges, and values effort as the path to success.

It's the "I can learn and improve." mantra in action!



As a parent, why does your mindset matter?

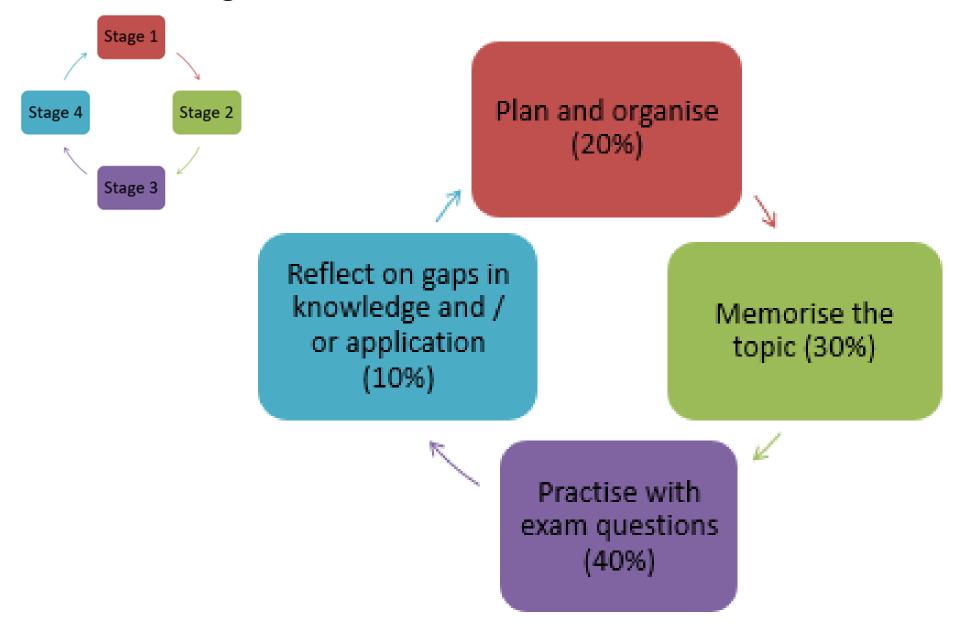
Your mindset is more than just vibes; it's an influencer in your child's exam journey.

Research tells us:

- ✓ Your Encouragement: When you champion their efforts, it boosts their motivation to tackle hurdles head-on.
- Stressing Grades? It Matters: Focusing solely on grades or innate talent might increase anxiety and hinder performance.
- ✓ Building Resilience: Teaching resilience as a key skill cultivates perseverance in the face of setbacks.

Your mindset is a lead role in their success narrative.

#### The four stages of revision

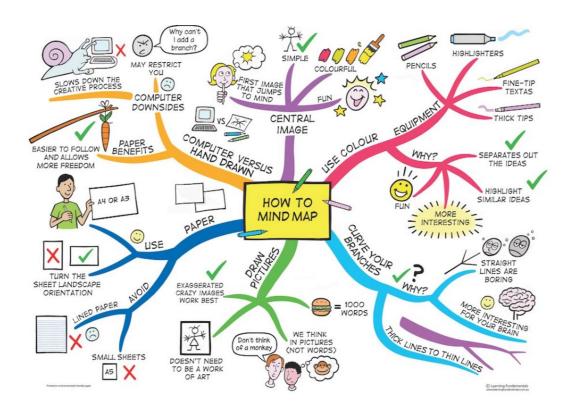


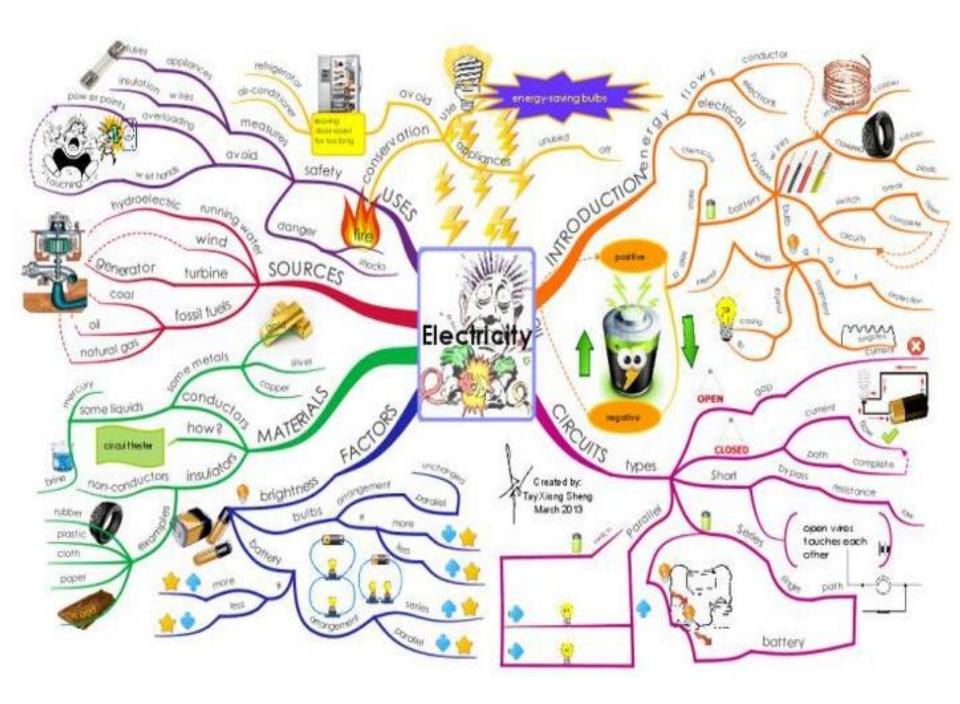
Before the Christmas break, every Year 11 student was given a revision starter pack to support their revision for their February mock and final GCSE exams.

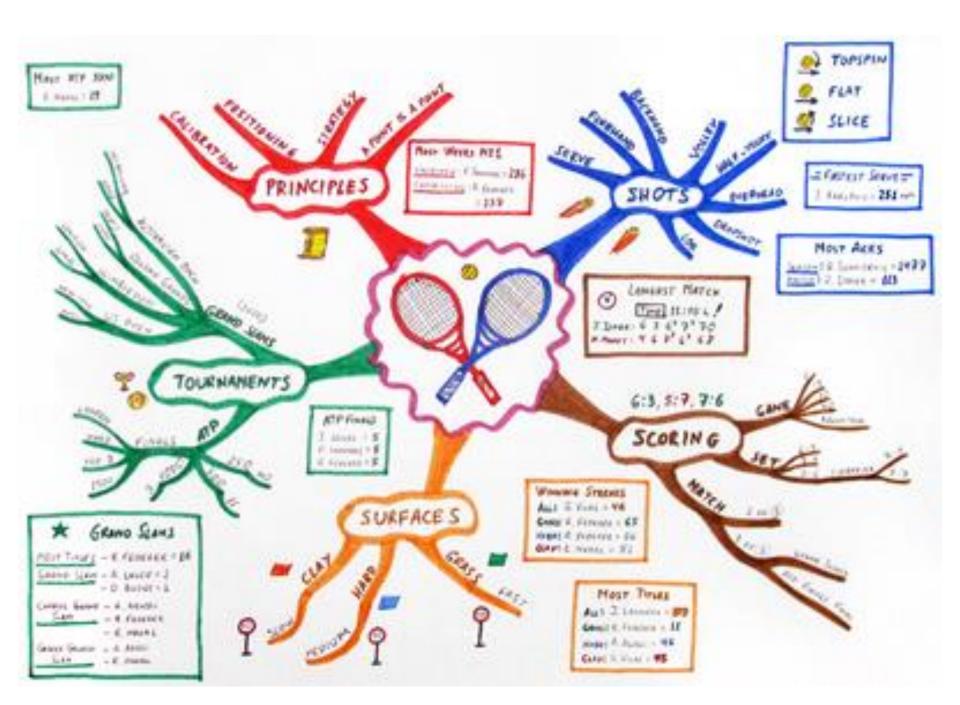


#### **MIND MAPPING**

- Keeps information on one page
- Can be bright and eye catching
- Can use images to summarise huge amounts of knowledge.



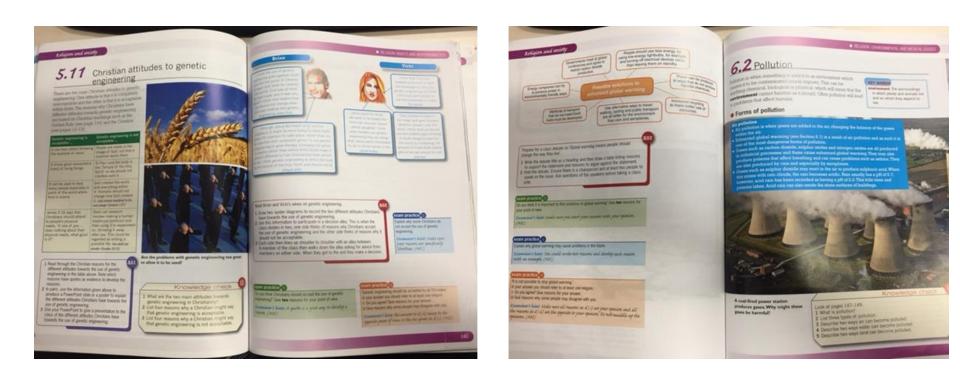




#### **READING ANYTHING AND EVERYTHING**

Some students just like to read and re-read their textbooks/ revision guides and notes over and over again.

The important thing is that you must then do something active with the knowledge.



#### **POST-IT NOTES**

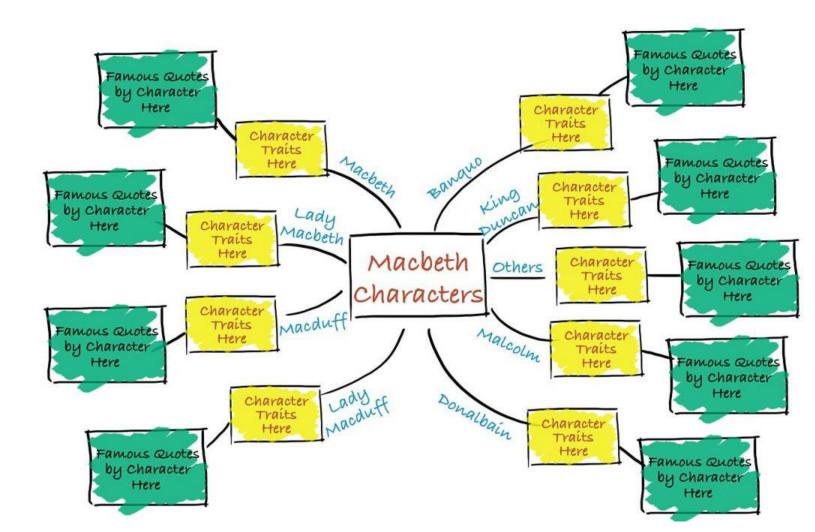
- Different coloured post-it notes for different subjects
- Different coloured post-it notes for different topics within a subject.





#### **SPIDER DIAGRAMS**

A spider diagram for each topic you study within the subject.



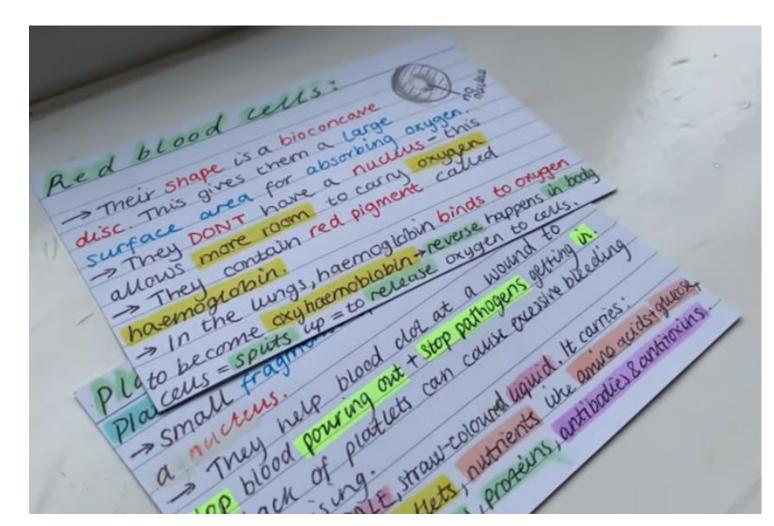
#### **REVISION MATS**

• All the information for a whole topic in one place.

Hydrocarbon	Chemical formula	Displayed formula		the sentences to describe hain length affects the	Describe the composition of crude oil - what is it made up of?	What process is used to separate crude oil into fractions? Describe how it works.	Give the GENERAL formula of:
methane	C <sub>2</sub> H <sub>6</sub>		propertie As chain l viscosity.  As chain l	s of hydrocarbons: ength increases, ength decreases, flammabilit	THE PARTY		An ALKANE: An ALKENE
propane		H-C-H H-C-H H-C-H		boiling point increases.	What is a hydrocarbon?		What is the process of cracking used for?
Label the fraction residue kerosen	refin	with the correct names of the produ ery/petroleum gas gasoline/i esel oil/gas oil		Describe a use for each fra Residue – Gasoline/petrol - Refinery gas - Diesel oil - Kerosene -	tion of crude oil:	What is the difference between and alkans explain.	and an alkene? Draw a diagram to help you
				C9. Cruc	le oil and fuels		What are the three conditions needed for CATALYTIC CRACKING? 1)
	small luminous Burnen fame Gair hole closed netural gas	Ke Balh	h water pung Inneader		hat is the difference between complete and complete combustion?	HT A cylinder of propane, CyH <sub>th</sub> contains 1	2) 3) 6.00Kg of liquefied gas. Using the balanced chemical oxygen gas needed for complete combustion of the
This is the appar	atus used for t	esting for the products of comple	te combustio	w	rite a word equation to describe the complete mbustion of butane:	gas in the cylinder. Mass – no moles x Mr	auffine fan uanane en routhare routharier ei ua
What are the tw	o products of c	complete combustion?			HAMMANY ST HATER.		
Explain how you	know what th	e products are from the test resul	ts:		ite a word equation for the incomplete mbustion of methane:		
How can you use	bromine wate	r to show that an alkene is preser	ıt?				

#### **REVISION CARDS**

- Revision notes
- Questions with answers on the back



#### **RE-WRITING CLASS/ TEXTBOOK NOTES**

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#### WATCHING VIDEOS OR USING APPS



Maths Genie



TASSOMAI The Learning Program



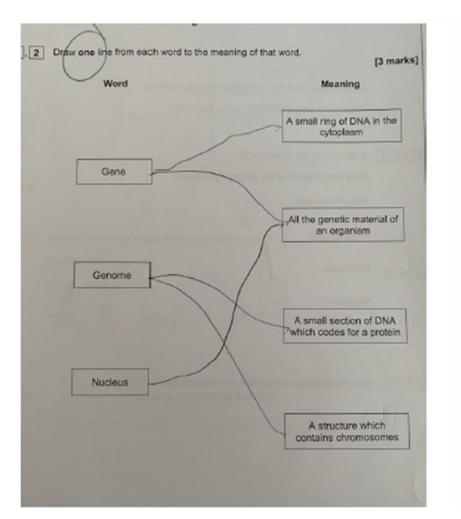


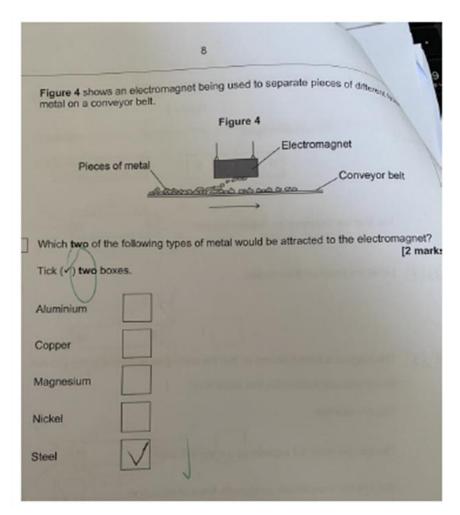
#### **PRACTICE WITH EXAM QUESTIONS**

- Ask for help and papers from subject teachers
- Look on exam board websites
- Try to complete under exam conditions

the set of  $z_1 = 6 + 8i$  $z_2 = 3 + pi$ where p is an integer. (a) Find  $\frac{z_2}{z_1}$ , in the form a + ib, where a and b as Given that  $\arg\left(\frac{z_2}{z_1}\right) = \frac{\pi}{4}$ , b) find the value of p.

#### Read what the question is asking!





#### **REFLECT ON GAPS IN KNOWLEDGE**

#### The Leitner method is good for this.



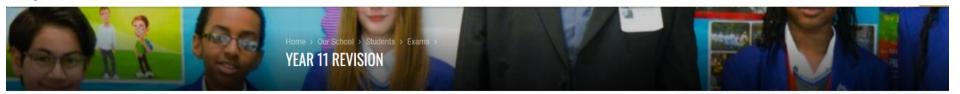
#### Where to find February Mock revision resources by subject.



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Calendar	Home page Class Notebook	Core subjects	Tuesday at 2:02 PM RA	Ahmad	
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#### Where to find February mock revision resources by subject

HOME OUR SCHO



#### Year 11 Revision

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Revising for exams is a busy and stressful time for students.

This page has been set up to support you through your mock exams and your final GCSE exams in Summer 2024.

YEAR 11 REVISION SUPPLEMENTARY INFORMATION

Thank you,

Miss Ahmad

Core subjects

English	v
Maths	~
Science	~
RE	~
Option subjects	
Art	~

All students were given this at the start of the academic year.

#### Class of 2024



#### Plus, useful websites by subject

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### Any Questions...?