

SUPPORTING YOUR TEENAGER WITH LOCKDOWN CHALLENGES & RETURNING TO SCHOOL

Online Parent Workshop

Does your teenager attend a Wandsworth school?
Is your teenager struggling with motivation & sleep?
Are they worried about re-joining school or social situations?
Would you like some tips and strategies to help you support
your teenager?

**IF YES, PLEASE JOIN US AT ONE OF THE FOLLOWING
TIMES!**

7th July at 10am or 6pm

8th July at 3pm

9th July at 10am or 6pm

The workshop will be approximately 45 minutes followed by a Q&A.



Email **WandsworthWP@swlstg.nhs.uk** for a link to the workshop. Please state which secondary school your child attends & your preferred time slot from the above options.
Wandsworth Children & Young People's Wellbeing Service