IN TOUCH





As we approach the halfway mark of the academic year, we would like to take this opportunity to remind you that the Pre-Public Examinations (PPEs) are scheduled to take place after the half-term break for students in year 11 and year 13. These examinations the final 'dress rehearsal' for our senior students ahead of the GCSEs and A Levels in the summer. We encourage all parents to support their children during this crucial period of revision and preparation.

Talking of dress rehearsals, tickets are now on sale for our annual production which this year is 'Alice in Wonderland'. We advise you to book early to avoid disappointment.

With the beginning of Lent fast approaching, we invite you to engage with us in this season of reflection, prayer, and spiritual growth. To mark the start of Lent, we are sharing a thought-provoking <u>video from our Chaplaincy Team</u> which we hope serves as a source of inspiration and encouragement for all members of our school community.

We would like to wish all our students and their families a relaxing and enjoyable half-term break. We hope this time allows for much-needed rest, rejuvenation, and quality time spent with loved ones. Thank you for your continued support and involvement in the life of St. John Bosco College. We look forward to seeing your children again on Monday 19 February at the normal start time.





Free Beginners English lessons for parents and families of students at St John Bosco College Classes every Thursday, 4:30 – 6.30 pm

Please email dparrott@sjbc.wandsworth.sch.uk to reserve a place.

PLACE2BE'S CHILDREN'S MENTAL HEALTH WEEK



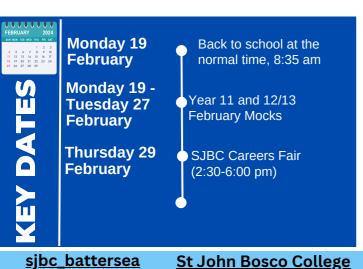
This week we have been getting involved in Mental Health week to highlight the important of looking after your mental health and wellbeing. Place2Be's Mental Health week, now in it's tenth year, has been taking place from 5-11 February 2024. The theme this year was 'My Voice Matters'.

My Voice Matters is about empowering young people by providing them with the tools they need to express themselves. Children who feel that their voices are heard have a greater sense of community and self-esteem and feel empowered to create a positive change for their mental wellbeing.

This Children's Mental Health Week we wanted all children and young people, whoever they are, and wherever they are in the world, to be able to say - and believe "My Voice Matters".

At St John Bosco College we are fortunate enough to be working with Place 2 Be and their therapist Julie Shankly, will be in school every Thursday with students and their families who have been referred to the service. Further to this we will be having a well being survey for students to ensure all students are happy and supported at school. It is important for all parents to be able to talk to their children about Mental Health and all parents will be receiving the Place 2 Be top 10 tips to support parent and carers with talking to their children about mental health.

All parents are able to access the Place 2 Be website at https://www.place2be.org.uk/ as well as the Education Well Being Service who are based at the school all week and can offer students 1:1 guided self help support for anxiety or low mood. Further to this the following websites also provide advice and support for young people and their families:



- https://www.youngminds.org.uk/
- https://www.childline.org.uk/
- https://www.mind.org.uk/
- https://www.rethink.org/
- https://www.mentalhealth.org.uk/

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The students have been working with their form tutors learning how to make a revision timetable and how to spread their revision across subjects, especially those that they find hard. Students should make sure that when they revise, they condense their revision into short blocks of time (maximum 45 minutes) with regular short breaks in between. All the relevant revision lists for every subject and every year have been placed on the year group page on MS Teams, sent home via ParentMail and have been placed on the school's website. Each of these revision lists have links to supplementary resources and online learning platforms. Parents are encouraged to frequently check in with their children to ensure revision has been taking place and to support them by providing them with a guiet, non-distracting area to revise.

Year 11									Year 11			
			Wednesday 21st Feb Thursday 22nd Feb			Friday 23rd Feb			M	onday 26th Feb	Tuesday 27th Feb	
		8:40 Line	Up							8:40 Li	ne Up	
Exam 9:00 Science - Biology	Exam 9:00 RE		Exam 9:00 Maths - Non Calc		Exam 9:00 RE		Exam 9:00 English Language			Exam 9:00 Maths - Calc	Exam 9:00 Science - Physics	
Break - 10:30 - 10:55 Tutor 10:55 - 11:20					Break Only Break / Tu				Т	utor - 10:30 - 10:55	Break 10:55 - 11:20	
Period 3 Lessons 11.7(1-17.1()					mistry Part A 12:15	Science - Chemistry Part B (Triple Only)		t B	110000000000000000000000000000000000000	iod 3 Lessons / Home uage Reading & Writing	Period 3 Lessons 11:20 - 12:10	
		Lunch 12:10	- 13:00							Lunch 12:1	10 - 13:00	
	GA				Exam Line Up 13:00 MUGA							
Exam 13:15 Option A Business, DT, French, History, Media Studies, Portuguese, Ar (in Art room)		Pre Option E Business, DT, Geogra (sep room), Drama, Pt Spanish	State		Exam 13:15 Option C Com Sci, DT, Enterprise and Marketing, Food, History, Geography, Psychology, Art (in Art room)		Exam 13:15 Option B Geography, PE, Sociology, Spanish Lessons - Business, DT, Music, Drama		970000	Exam 13:15 Option A h, History, Media Studies, Portuguese ons - Business, Art, DT	Exam 13:15 Option C Com Sci (sep room), History, Geography, Psychology Lessons* - DT, Ent and M, Food,	
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Option A Computing, Biology	Option C , Sociology, Chemi		Option E Maths, Art (Art		Option B Economics,		Option D Portuguese					
Government and	Resit Maths (GC		Room), Philosophy		Further Maths,		rortuguese					
Politics, Polish, Spanish	DT DT		and Ethics		Psychology							
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		Period 3 Lessons 1	1:20 - 1:	2:10								
		Lunch 12:10							_			
		Afternoon E	Maken cen					- 00	_			
		Exam Line Up 12:50	Covered	d Area								
Exam 13:00 Option B Economics, Further Maths, Photography	Exam 13:00 Option D English Literatu Media, Portugue Physics	Option and Computing Government Politcs, Po	Option A Computing, Government and Politcs, Polish, Spanish		Option C Resit Maths (GCSE), DT		Option E Maths, Core Maths		Exam 13:00 T Level Paper 1		Exam 13:00 T Level Paper 2	
		Year 13								Year 13		
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