# IN TOUCH

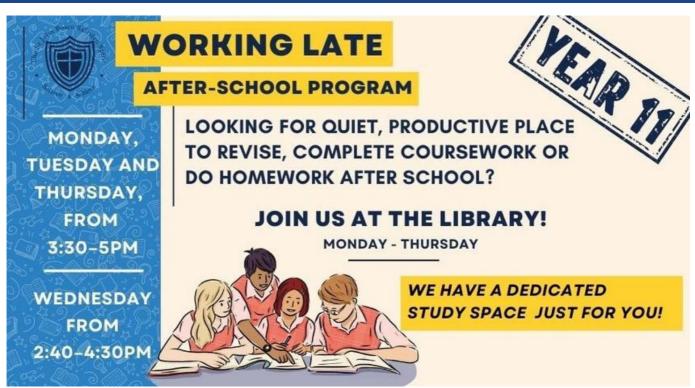




The first half-term holiday is upon us and everyone at SJBC wishes you a relaxing and enjoyable break. For students in year 11 and year 13 it is also an opportunity to get in some vital revision ahead of their PPE exams which start on 13 November.

As we head towards Christmas the weather gets colder and wetter so please do make sure that your child has a school jumper and a suitable plain, dark school coat for the winter months. Please remember that hoodies and multicoloured, patterned coats are not permissible and students will not be permitted to wear them on site.

We look forward to your child returning to school at the normal time of 8.35am on Wednesday 1 November.





### FREE BEGINNERS ENGLISH LESSONS

for parents and families of students at St John Bosco College starting Monday 11th September 5:00pm-7:15pm

Please email dparrott@sjbc.wandsworth.sch.uk to reserve a place

## **E-SAFETY - MOBILE PHONES**

A key challenge faced by parents and educators is the use of mobile phones by teens. We want to highlight the critical issue of eSafety and responsible mobile phone usage among our students.

Your child's well-being is our top priority, and we believe it is essential to address the potential dangers associated with mobile phones and the internet.

#### **Phones Can Be Dangerous for Teenagers:**

Mobile phones, while undoubtedly useful, can pose risks to teenagers. Excessive screen time, unrestricted access to the internet, and social media can expose them to cyberbullying, inappropriate content, and the addictive lure of digital devices. Additionally, these devices can interfere with sleep patterns, impact academic performance, and hinder face-to-face social interactions.

#### **Our School's Recommendations:**

For the safety and well-being of our students, we strongly advise against giving smartphones to children in Years 7 to 9. For those in Year 10 and 11 who already have smartphones, we encourage you to closely monitor their usage. Ensure that your child is aware of responsible internet and phone usage, including privacy settings and the potential risks associated with online activities.

#### **School Policy Reminder:**

Our school policy permits students to bring phones into school, but they must remain switched off and out of sight during school hours. Any accessories like headphones or EarPods should also be kept hidden. Any phone or accessory seen by staff will result in immediate confiscation of the phone or accessory, along with a 30-minute detention. The use of a mobile phone during school hours to record or take photos will lead to confiscation until a parent can collect it during a formal meeting with school staff. Students will also then be required to hand in their phone to the school office upon arrival.

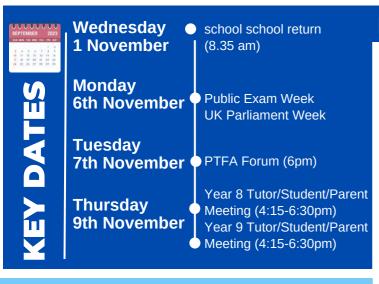
#### **Impact of Excessive Screen Time:**

Excessive screen time can have negative effects on both the mental and physical health of children. It may lead to poor posture, decreased physical activity, and increased risk of sleep disturbances. We encourage you to limit screen time at home and encourage alternative activities like outdoor play, reading, and spending quality time as a family.

#### **Staying Informed:**

To stay updated on the latest <u>eSafety information</u> and advice, please visit our <u>school webpage</u> regularly. We will be sharing resources and tips to help you navigate the digital world safely with your child.

Your involvement and vigilance as parents are crucial in ensuring the safety and well-being of our students. We appreciate your support in creating a secure and conducive learning environment for all.



## **HALF TERM**

For families in receipt of benefits there are many offers over the half term.

Tower of London and Hampton Court £1 each £1 Tickets to Our Palaces | Historic Royal Palaces (hrp.org.uk)

London Zoo tickets are £3

<u>Universal Credit tickets to London Zoo | London Zoo</u>

An annual pass for £1 for the transport museum.

Tickets | London Transport Museum (ltmuseum.co.uk)

**Kew Gardens £2** 

Tickets and prices | Kew

Free membership at Latchmere leisure centre
Free Wandsworth Premium Membership – Places Leisure



St John Bosco College





## HARVEST WEEK COLLECTION



Harvest collection Our surpassed all previous records for donations of dried foods and tinned goods. We like to say a you huge thank everyone who donated and to let you know that our wonderful student chaplaincy team able to take the donations to the Wandsworth Food Bank, with the help of Fr Greg and Brother Augustine.





## PARENT ADVICE

Worried your child may be tempted to vape? Get advice <u>here</u>