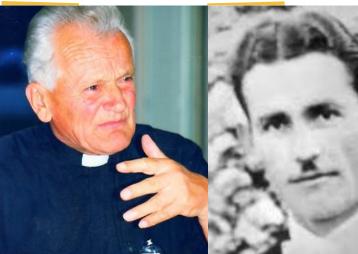


#### Faith Matters







#### Editors' Comments

You will see, from our above. They are Dom front cover. Barbara Dickson has Blessed Qerim Sadiku, kindly aiven us interview this month which I'm sure you will find really interesting.

has also given us an interview explaining why the use of religious art does not break the Ten Commandments. It's a debate that has raged on over the centuries and it is really useful to get a take on it from someone so knowledgeable in art.

You may not recognise the priest and the gentleman to the right of him in the pictures

that Simon Jubani and an who both feature in our article on the development of Christianity in Albania.

Fr Patrick van der Vorst Now, looking at the pictures on this page, you may be puzzled as to why Louis Vuitton should appear in our publication. Well, we're not going to tell you, you'll just have to read on to find out why!

Picture Credits: Patrick van der Vorst: Sotheby's Auctioneering Louis Vuitton: Louis Vuitton Dom Simon Jubani: Arouca Press Blessed Qerim Sadiku: Theresa Marie Moreau

#### The interview: Barbara Dickson 3

Christianity in Albania	7
Baking with Nicci	12
Religious Art -Right or Wrong?	14
Faith and Science	18
Word Search	22
Music Review	23
Young Faith	26
Palais des Papes	29

Cover photo: Alan Clyde

#### SUMMER INTERVIEW



#### **Barbara Dickson**

Spotlight on faith



It's not surprising that The
Scotsman described
Barbara Dickson as
Scotland's best-selling
female singer. Having
placed fifteen albums in the
UK charts, two Olivier
Awards for best actress, an
OBE and a mention in the
Guinness Book of Records
for her duet with Elaine
Page, who can argue with
that claim?

Interview by Harrison Burt and Daisy Vallecillos Von Hagen

#### Barbara Dickson

#### Interview

What, in your childhood, inspired you to pursue a career in music and acting?

I didn't really think it was practical to have a career in the arts when I was young. It was only by singing in my local folk music club that I learned a repertoire. I never saw myself in show-business, but only in music!



A recent song of mine, called *Goodnight*, *I'm Going Home* is my favourite, as I finished it and

KNEW it was a good song, and no one had to tell

me.



I haven't been in film, only TV drama and on the stage. I think my favourite screen role on TV is Anita in *Band of Gold*. A programme about the lives of sex workers in Bradford, which was very ground breaking at the time, in the mid 1990s.







I never saw myself in show-pusiness, but only in music!

#### Barbara Dickson

#### What do you treasure most in your marriage?

The great friendship and familiarity between myself and Oliver, my husband. Oh, and the blessing of our three children, who are in their 30s now. That's been a great addition to my life. I wouldn't have ever liked to have been a single person. I needed to have the partnership to feel complete.

# What are your hopes and dreams for the future with your husband and your children?

Well, I'm almost 77 now, so my life has been long and eventful. I hope to be around a while longer but I'd like to see my children all settled. Like a lot of young people these days, two of my three sons are still single with no prospect of owning their own homes. It's very difficult. Despite that, I wish them all the happiness in the world.

My life has been long and eventful



#### What was the biggest difficulty you faced in your career?

I had a long while where I suffered from stage fright, due to my reputation. It's very difficult to be 'brilliant' all the time. Just try it!!! But seriously, it was a great strain, and it took years to overcome my fear of failure.



#### What was it like to receive an OBE?

The day of my receiving my OBE was very special and I was able to take my three sons out of school to go to the Investiture in Buckingham Palace where, Her Majesty Queen Elizabeth, made me feel very relaxed. Everyone is

The sureness of Gods love and support.

so nervous there and it is a great occasion for family and friends. It's a huge honour and I am very proud of my achievement.

Why did you choose to become a Catholic?

I was raised a Presbyterian, but never felt happy with that worship as there was so little liturgy. I love the universality of our Church and the thought that Mass is celebrated everywhere in the world, the same. I love it! And it's a great comfort to me. My husband was a 'cradle' Catholic from London and I felt happy to join him when our children were baptised.

#### What do you find most valuable in your Catholic faith?

The sureness of God's love and support is always uppermost in my mind, even though I'm fearful and scared a lot of the time. He takes my hand and looks after me, despite my weakness.

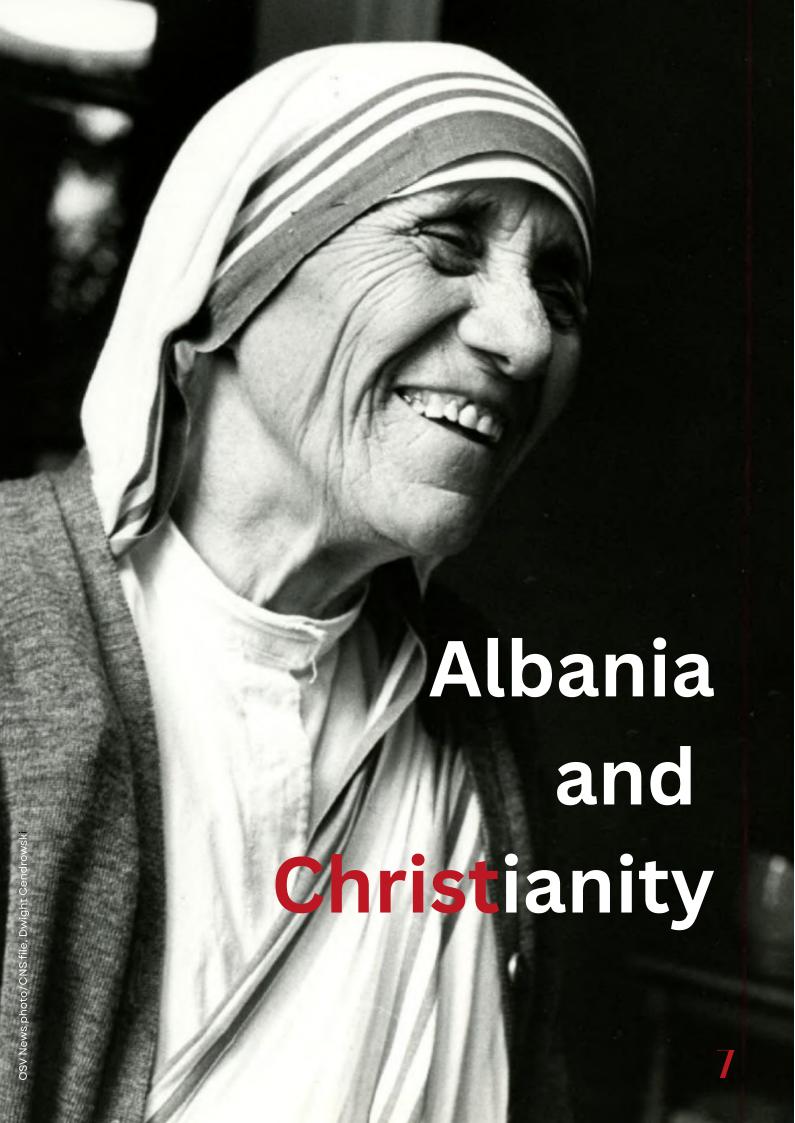
#### What advice would you give someone looking to make their way in music and acting?

I suppose these days, get the grades and go to drama school or music college. Learn your craft, be hard working and don't allow fame to derail you in your quest to make a career. It's easy to be successful for five minutes but not five years!

Unless stated otherwise, all pictures of Barbara Dickson are from her Facebook page.



6 He takes my hand and looks after me





Type 'famous Albanians' into Google, and Rita Ora, Dua Lipa and, of course, Mother Teresa all feature in the top ten most famous Albanians.

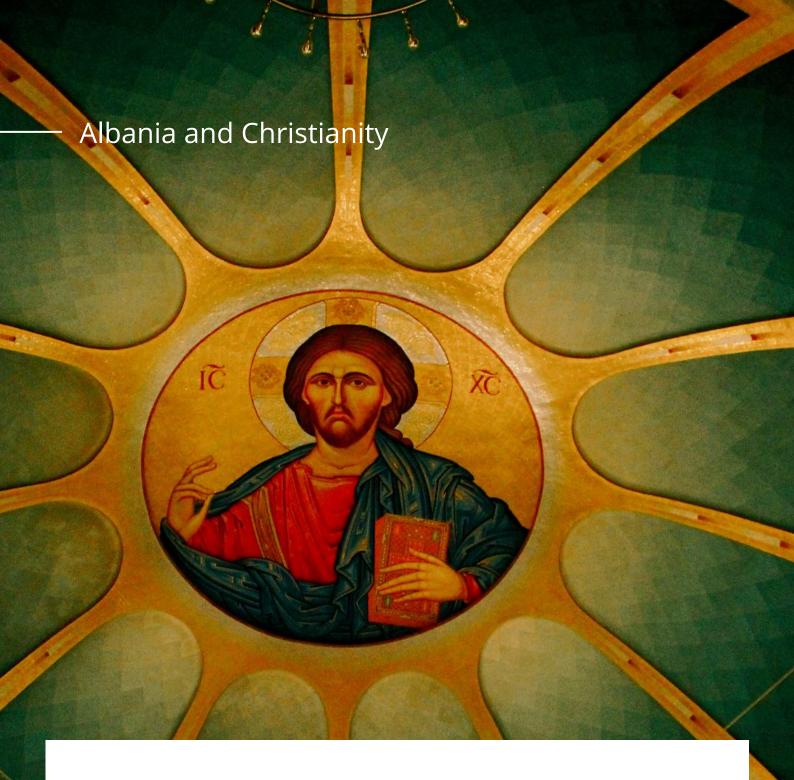


However, what of the development of Christianity in Albania?
Not as well known as the three ladies above.



Mark Rrahista takes a closer look at Christianity in Albania.





Albania is a small country in the eastern European bloc which is part of the Balkans. They have a population of about 2.8 million. Albania has been conquered many times but the 500 year rule by the Ottoman Empire was the most significant. The Albanian people have gone through many conflicts in which faith has been all over the place.

Starting with the Illyrian Empire, through to Communism and right up to today, we'll look at the development of Christianity in what was the first officially proclaimed Atheist country. The churches that stand today in Albania are testament to the influence of Christianity in a land that gave the world the most famous 20<sup>th</sup> century nun.

Albania started off as the Illyrian Empire, although they were really a collection of tribes, situated around the Balkans. They were an Indo-European population. In the beginning, Albania was influenced mainly by its neighbours, the Greek Empire and then subsequently, the Roman Empire.

As Illyrians they worshipped many deities linked to everyday life, health and the natural world. This form of belief was known as paganism, those in the south of the country may have adopted elements of the Greek belief system. However, by the time of

Yet, how did Christianity come to the Illyrians in the first place? It is widely believed that St Paul was the first person to bring the message of Christ to the people of Albania. He spoke the Gospel of Jesus and the Illyrians listened. The power of the Word of God had started.

However, the expansion of the Ottoman Empire led to the invasion of Albania in 1385. Their control of Albania lasted all the way up to 1912 and explains the similarities of Albanian culture and words today to those of the Turkish people. Under Ottoman rule



Detail of an Illyrian belt buckle discovered on the Balkan Peninsula.

Alaturka

the Roman conquest of Albania, there were pockets of Catholic communities who were persecuted until the 4th century when the Emperor of Rome, Constantine. converted to Christianity. From this point, paganism went into sharp decline.

Christians, other Jews and religious minorities endured discrimination and even persecution. Many battles were the fought against Ottoman Empire, such as the Battle of Albulena, in which 8,000 Albanians fought against 80,000 Ottomans.

Miraculously, the Albanians won and a song in honour of the event was composed. This victory by George Kastrioti, a Catholic Albanian Commander, was followed by other battles until 1468 when he was captured by the Ottomans and was forced to fight

with the Ottomans until his escape Albania, back to where he continued his resistance the Ottoman Empire. To this day, consider many George Kastrioti to be the only well-Albanian known hero. His accomplishments

are
celebrated
worldwide, with
statues of

him in places such as USA, UK and even Switzerland.

diligently. A blanket ban on religion was imposed as Hoxha thought it was all a 'scam' and a 'lie', and in 1967 Albania was officially declared an Atheist State. Fear among believers was such, that many parents dared not pass on their faith to their children for fear of extreme forms of punishment carried out by the state.

Yet, in the face of such intimidation, figures such as the martyr Blessed Qerim Sadiku and the Catholic Jesuit priest Dom Simon Jubani remained committed in their faith, as did countless others who, like my family, secretly remained faithful

to Christ and His message of love.

is totally different. The Albanian constitution provides for freedom of conscience and

religion. It declares that there is no official religion and the state is neutral in matters of belief. It recognises the equality independence of religious groups, and prohibits discrimination based religion. No doubt on Blessed Qerim Sadiku and Dom Simon Jubani would approve.

Freedom of religion in Albania lasted for a relatively short period religion until the establishment of office Communism in 1944, following the neut the defeat of the Nazis at the end recognition of World War II. Under the dictator, independent of the Nazis at the end recognition was and banned, orders to destroy all base churches and other places of Bless worship were carried out



#### SPINACH & FETA SCONES



These high protein and gluten free scones are great for a picnic.

#### **Ingredients**

1 tbsp olive oil
5-6 spring onions, finely chopped
100g fresh spinach, chopped
250ml egg white
200g ground almonds
250g feta, crumbled
1tsp baking powder
Salt & pepper



#### Method

Preheat oven to 400F/200C/180C fan.

Heat the oil in a pan over medium/high heat and fry the chopped spring onions for 1 to 2 minutes until softened.

Add the chopped spinach and cook until wilted, about 2 to 3 minutes.

Season with pepper and a little salt (remember the feta will be quite salty).

Remove from heat and leave to cool.

Combine egg whites, ground almonds, feta, spinach mixture and baking powder in a large bowl.

Use an ice-cream scoop or dampened hands to form 12 balls and place on a baking tray with parchment paper.

Bake for 20-25 mins until slightly golden.

Cool before serving.





# Is religious art breaking the second commandment?



Becky Mouboungoulou put this question to ex-Dragons' Den winner, Patrick van der Vorst

Catholics are sometimes criticised for their use of art by other Christian denominations who argue that sacred art breaks the second commandment. What would your response be?

As Catholics, we see art as an integral part of our faith. As God created His Son in His image, and as Jesus is the image of His Father, it means that God Himself uses 'images'. So if it is good enough for Him, it is good enough for us. We are not only allowed to use images but, in fact, when we create art and images, we participate in God's creative process. It is a form of participation in the divine.

In what ways do you think Christian Art brings people closer to God?

Christian Art is simply a doorway to make God, Our Lady and the Saints more accessible. I don't think anyone who prays in front of a statue of Our Lady prays to the actual statue. We know that a statue is merely a tool, an aid, to facilitate prayer.

Do you think that art may be a better way of interpreting the Bible for Christians and, if so, why?

The beauty of our Catholic faith is that it embraces everything that helps us to connect with God. If it is a glow-in-the-dark plastic sculpture of Our Lady of Lourdes, or Michelangelo's Pietà sculpture in Rome, our church embraces it all. I think this is one of the beautiful aspects of our faith, that we embrace it all. But art cannot be the sole way to connect with God. The Word of God in Scripture, of course, remains the most important source for us. Art can complement it, but never replace it.

In your opinion, is Christian art more significant than non-religious art?

Yes, it reveals more of the soul of the artist and it has all these extra layers and dimensions which non-religious art, generally, lacks. The most important artworks ever created in our human history are, on the whole, religious not necessarily Christian (Greek and Roman art for example). But yes, religious art is certainly art that we connect with the most.



As well as securing an investment from Deborah Meaden and Theo Paphitis on Dragons' Den, Fr Patrick van der Vorst has set up the hugely popular *Christian* Art website (https://christian. art/). The website helps subscribers to connect with the Gospel through works of art.

In addition,
before being
ordained a
Catholic priest, he
studied Law at
Leuven in
Belgium, became
deputy director at
Sotheby's and
founded
ValueMyStuff in
2009.

# As a former director of Sotheby's Auction House, what is the most inspirational Christian art you've ever seen?

I think it was a painting by Rubens (the *Massacre of the Innocents*) that we sold when I was there. I discovered it in a monastery in Austria. It sold for a staggering £48 million. The religious sisters were very happy with the result!

#### How did you develop a love for art?

From a young age I always read up on art. The beauty of art has always seduced me and nurtured me.

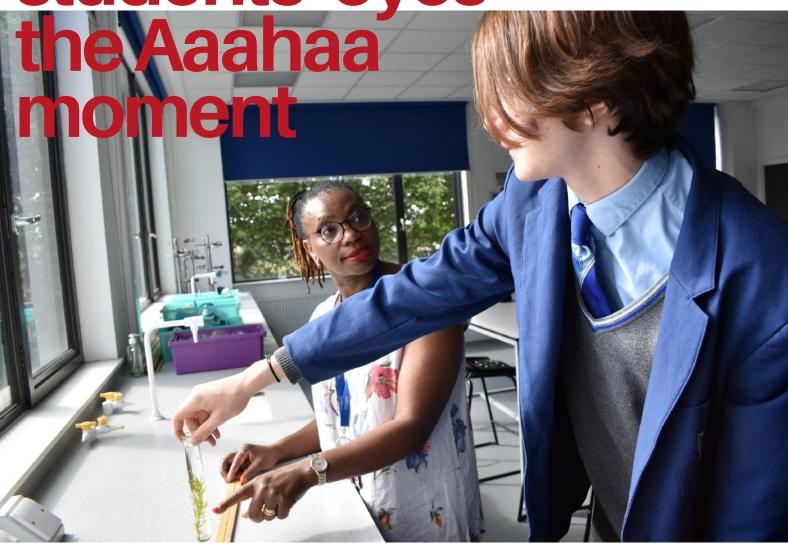
#### Were friends and family supportive of your decision to become a Catholic priest?

Yes, everyone was so supportive. I thought that maybe I would lose some friends in the process. But literally, all of my friends have remained and supported me throughout the process on my way to the priesthood. It has led to some very beautiful and, sometimes, difficult discussions with them but everyone has been super supportive.

Many of my friends don't go to church anymore, so they were fascinated by my choice to put myself forward for the priesthood. They saw it as an extreme choice. Many of them told me, 'why don't you just do charity work for the rest of your life instead of giving your whole life away?' I think they now understand more why I took the choice, as they can see me being very happy; a more profound happiness than before. I pray and hope that some of these friends may return to the Church at some stage in their lives.



that spark in students' eyes-



# What inspired you to become a science teacher and what feeds your passion for teaching science?

As I grew up at school, my love for science also grew within me. I was always curious how the world works. Being a science teacher gave me the tools to explore that curiosity and I wanted to share that sense of wonder with others. That made me feel that teaching science was a natural calling.

What continues to feed passion is seeing that spark in students' eves, the Aaahaa moment when they understand the concept or begin to see the world through a science lens. I love creating an environment where students feel safe to explore, make mistakes and grow. Helping them to connect science to everyday life and showing them they are capable of more than they thought. That's what keeps me inspired every day.

19

### faith and science:

# Has teaching Science ever deepened or challenged your faith in any way?

Yes, teaching Science has both deepened my faith and challenged it at times, but always in ways that ultimately strengthened my relationship with God.

On the one hand. science deepened my faith by revealing the intricate design and order of the universe. Whether it's the precision of physics, the complexity of biology, or the vastness of space, see reflections of an intelligent Creator behind it all. As I teach, I often find myself marvelling at creation harmoniously, which affirms the belief that faith and reason can coexist beautifully.

On the other hand, science has challenged my faith in moments where certain theories findings seemed to conflict with spiritual beliefs. However, those challenges pushed me to dig deeper into scripture, theology and scientific understanding and to grow in humility. I have learnt that faith is not about having every answer but trusting God even as we continue to ask questions. Wrestling with these tensions has actually matured my faith, not weakened it.

In the classroom, I strive to model curiosity, integrity and respect, encouraging students to think critically, ask questions, and explore how science and belief can engage in a meaningful dialogue.

'faith is not about having every answer'

# How do you expect to influence your students, not just academically but in terms of their life values or sense of direction?

While academic success important, I believe the true goal of teaching is to help shape character. I try to model values such as integrity, curiosity, perseverance and compassion. I ask my students to be critical thinkers and to ask meaningful questions and to treat others with respect. My hope is that they leave my classroom not only knowledge but with a stronger sense of purpose and moral grounding.

# What encouraged you to teach in a Catholic school rather than a non-religious school?

Teaching in a Catholic school has given me the unique opportunity to integrate faith with learning. Here, I can support students academically while also nurturing their spiritual growth.

I also value being part of a community where we can pray together, discuss moral issues



openly, and guide students to develop both their intellect and their character in light of Gospel values. The holistic approach is what drew me here and what has kept me here.

# What is the greatest lesson that teaching has taught you?

Teaching has taught me humility and the importance of life-long learning. No matter how much experience I each student, gain, each class, brings new perspectives and challenges. have learnt that patience, empathy, and listening heart often go further than textbook. Most of all, I come have to understand that teaching is not just about imparting knowledge - it's about building relationships and helping others to discover their fully potential.

#### faith and science

#### 5 $\subseteq$ P Н G P Ш 0 Т N X Ε F К I N F Т А F В Д F Д D В M T X F 0 Q В R Q N V W Υ M

5 T 5 Р  $\subseteq$ Н J 5 В 5 Τ Ν P N Z Ε Q X X K Ι Ι N  $\subset$ В 5 X K Ш U Ш Ш N Ι Ш A В N R Ε Д 0 X М X R В  $\subset$ R F Q  $\circ$ Ш V Ε Т 5 L Ι D R А D Ε D Ε M 0 0  $\subset$ K F F J K 5 Ι L N X Т X K T  $\subseteq$ Ε 5 Ν N G М Ε  $\mathbf{O}$ G Н 0  $\subset$ Т × Ι G Н J Z K 0 F R W D Р А L Q ٧ 5 Z В V Υ D Q M  $\circ$ Q Д Д Q  $\subseteq$ Ε Ι А А Η M Д 0 Н X M I L Ι M В N N Ι L L Υ R Ι Д N S 5  $\subseteq$ Ε J  $\subseteq$ Ι Ε N Ν O A  $\subset$ 

All the words in this word search feature somewhere in this edition of Faith Matters.

Art Avignon Beethoven
Cajon Cruise Dickson
Faith Illyrian Rubens
Science Sonata Universe

Word





#### **Music Review**

#### **Doug Wells**

Ludvig van Beethoven was born in Bonn in 1770 to a musical Catholic family, where his father was a singer at the Electoral Court of Bonn.

Tutored by his father and Christian Gottlob Neefe, he moved at the age of 22, already a Forte Piano virtuoso, to Vienna, a centre of musical excellence, to study under Joseph Hayden, whom he had greatly revered.

In the age of Enlightenment, with Classicalism moving Romanticism, he mixed the three genres. However, he had less need of the way to mix words and music in the Romantic fashion; to him the music was everything.

He also struggled throughout his life to take on the role of servant to his patrons and to the Church of his youth, becoming perhaps more

Humanist than religious.

Regrettably, by the age of 32 his hearing had deteriorated to such an extent, that it caused him to be isolated and depressed and to write, what became known as his Heiligenstadt Testament, a letter penned to his brothers Carl and Johann. Within this document he declared that all his previous work had been of no value and yet it contained eleven of his piano sonatas, six quartets, a symphony and a concerto which, still today, are greatly revered. The document was never sent and only found upon his death.

We all know Beethoven by the haunting melody of the Moonlight Sonata No. 14 in C Sharp minor, written in 1801 possibly, prior to the letter being penned. At this point, from Eroica onwards he wrote the Sonatas 16, 17 & 18 Ein Neuer Weg (A New Way) often termed a sonata about a sonata, or music about music. Played on a Forte Piano of his day, it has a slight hollowness compared to today's Piano Forte, but the wonderful invention of the sonata form comes to the fore in these three, and the fifteen variations of the theme of Eroica that followed.

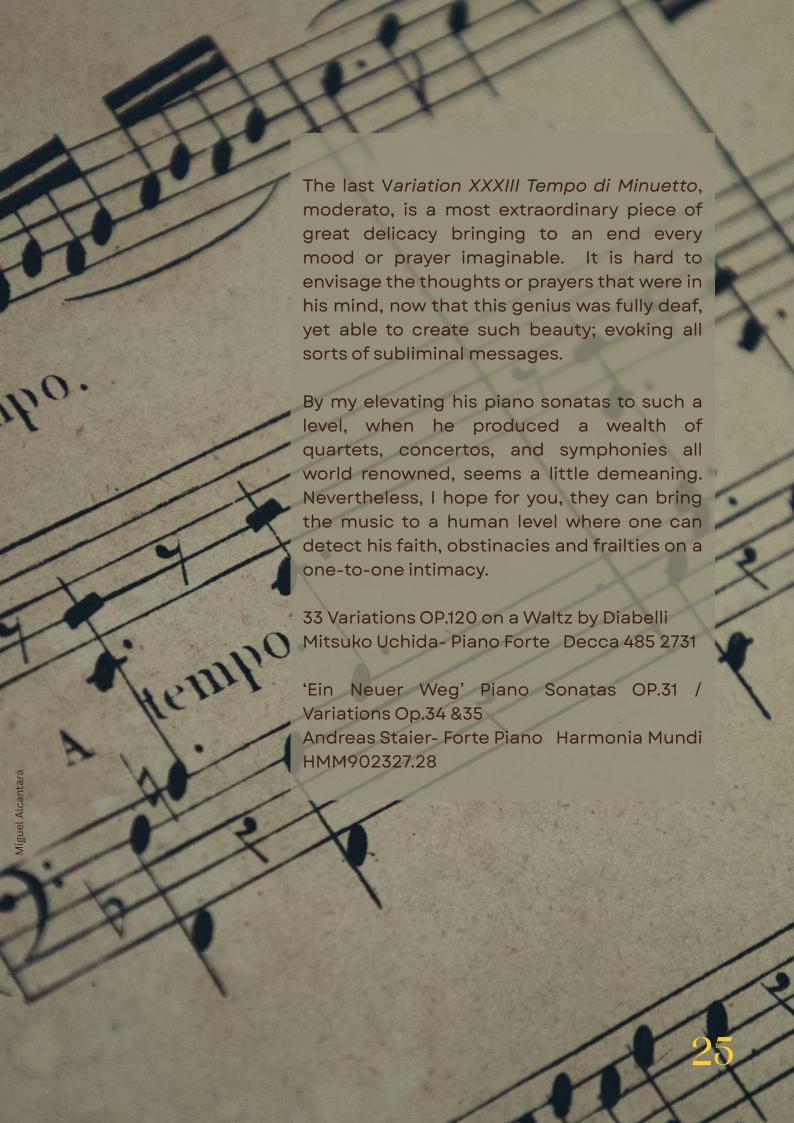
So much of his later music had developed in this sonata form with the base of Exposition,

Development and Recapitulation, or perhaps *Variations on a Theme* being more of a modernism.

I have bored you before with my great enjoyment of a solitary instrument being able to express all aspects of human and religious feelings, often fitting a personal need, without the accompaniment of words relating to a specific occasion in a church calendar. So unlike the forms of repetitive beat music of Africa or modern bass lines, which can induce fervour a trance-like often in variations on a theme can be contemplative and provoking. Indeed, it particularly brings to mind the late piano work, a rendition of Variations Op.120 on a Waltz by Anton Diabelli.

Using it as a promotion, Diabelli invited 50 of the most renowned musicians of the Austro-Hungarian Empire to provide a single variation on a waltz theme provided by him. Never to be outdone, Beethoven, over a few years, submitted 33.







I don't know what I've done wrong. My children no longer believe in God.

Such is the lament of many a parent. Well, what of those that still do

God?



# Siblings Luke and Harrison talk about their faith

Luke: I'm not too different from any other teen, playing sports, video games and going to school. On a Sunday, though, I go to church where, unlike school, most kids wouldn't go if they didn't have to. Church is a place where I am happy and willing to go to, not only to meet with my Christian friends, where we play football or perform music for our church's band, it's a time for me to go and learn about God and a great opportunity to praise His name. This allows me to be grateful for the gifts God gives me to fulfil His promises.

At school, living my Christian faith can be difficult at times, as a lot of people have questions about why I am Christian, to which I answer joyfully. But then they later bring up how Christianity doesn't fit their own world view, which I try to explain, and I even

I'm not too
different
from any other
teen

invite them to come to church with me, or to any other events my church congregation is putting on. This enriches my faith in Jesus and His plan for the world. On top of this, I remember parts of songs we sing in church, for example, a song called *Behold the power of His word* which says 'Generations rise, generations fall, but His word is living and His word is strong, evermore'; it reminds me of God's everlasting love for His whole creation.

I am currently going through the Book of Acts with a leader at my youth group. This is in between my school work and my circus club and troupe, which I have been attending on Saturdays and Tuesdays, since I was in Year 2 and my football, which I have been more recently engaged in.

So, going back to the original question, being a Christian as a teen doesn't make my life boring but, in fact, the very opposite; it allows me to connect with more people and to be closer to our Saviour, Jesus Christ.

# Siblings Luke and Harrison talk about their faith

Harrison: When Luke and I were five and six years old, we were baptised. Luke was well behaved while I ran and hid under the table, refusing to come out. I didn't want to get wet. At this point, we were both welcomed into God's family and have been growing in His love and faith ever since.

We attend The Bridge Church Battersea, where we meet every Sunday afternoon. We are leads in the music worship teen band. I lead with guitar and also play cajón. Luke plays piano along with an additional guitarist and cajón percussionist as well as a lead singer. We aim to play two Sundays every month. Luke also leads the tech at church. He sets up the slides and music for live streaming to YouTube and manages the sound system. We also both help out as youth

I ran and hid under the table



leaders in a sister church's kids club for primary aged children, once a month. We are trying to follow Jesus by being servant hearted, using our skills and capabilities to serve.

At school, we both play music at Mass and are in the school band. Outside of school, we both play football and hold matches and tournaments with friends. Luke is part of a circus troupe that has performed in the Lord Mayor's and New Year's day parades, as well as performances at big top venues.

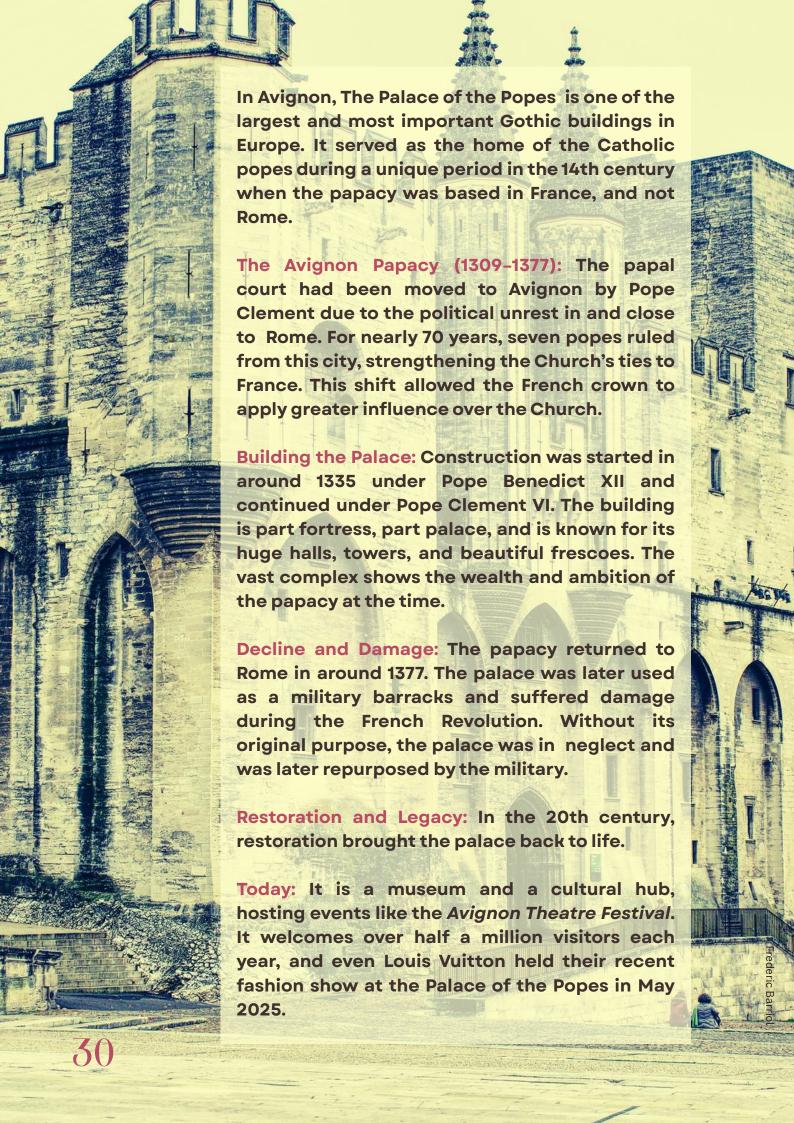
My favourite verse, I like to remind myself of each day, is *Romans 10:9* 'If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised Him from the dead, you will be saved'. We learnt this verse as part of a song at a Bible festival and it's stuck with me.

#### LOUIS VUITTON MEETS PALAIS DES PAPES

When creative director, Nicolas Ghesquière, of Louis Vuitton, booked Palais des Papes for the fashion brand's Cruise show, little could he have known that it would coincide with the election, in May 2025, of Pope Leo XIV. When asked about the coincidence Ghesquière reportedly responded, 'There is something very strong about believing'.

Alexandre Marques decided to find out more about the Palais des Papes.







The Palace of the Popes is a lasting symbol of religious power, architectural beauty, and European history transforming a moment of crisis into a monument that still inspires today. It's walls tell the story of a Church that once ruled not only souls but kingdoms.



# or advertising contact: faithmatters@sjbc.wandsworth.sch.uk

# ICN

independent catholic news

visit
https://www.indcatholicnews.com
for daily Catholic news





St John Bosco College is a thriving, 11-18, Roman Catholic school, located a short distance from Clapham Junction, in the heart of Battersea. The school opened in 2011 and moved into a brand-new building in 2015. Not only do we benefit from excellent modern facilities, but we are also part of a long tradition of excellence in education on this site, one which began with the

foundation of Salesian College back at the end of the 19th century. We are open for visits. Simply call us on 0207 924 8310 or email tours@sjbc.wandsworth.sch.uk to book your tour.