

This transition pack contains information and activities to prepare you for beginning an Extended Certificate in BTEC Health and Social Care. This must be completed throughout the summer holidays, so you are ready to begin the course in September.

During this course students will gain an understanding about the individuals working in the health and social care sector, the responsibilities of their different roles and the range of patients they interact with. Over the course of this two-year course you will complete 4 units examined through both externally assessed examinations and written portfolios. All units must be completed and passed to achieve the qualification.

Units

Year 12

- **Unit 1 (Exam)** – Human Lifespan Development (This exam will be completed in January 2020).
- **Unit 5 (Written Portfolio)** – Meeting Individual Care and Support Needs

Year 13

- **Unit 2 (Exam)** – Working in Health and Social Care
- **Unit 14 (Written Portfolio)** – Physiological Disorders and their Care

The following revision books must be purchased in preparation for the course particularly to help with the exam you will be sitting in January of year 12.

- REVISE BTEC National Health and Social Care Revision Workbook (Second Edition).
- REVISE BTEC National Health and Social Care Revision Guide (Second Edition).

The amazon links for these books can be found below:

Revision Workbook: <https://www.amazon.co.uk/National-Health-Social-Revision-Workbook/dp/1292230584>

Revision Guide: <https://www.amazon.co.uk/National-Health-Social-Revision-Guide/dp/1292230444>

Activity 1 – Key Command Words

Understanding the different command words within BTEC is extremely important for succeeding in this course. Below are a sample of command words needed for a Distinction, Merit or Pass Level.

TASK: Complete a definition for each of the words.

Command words for a Pass

Complete	
Demonstrate	
Describe	
Identify	
List	
Name	
Outline	
State	

Command words for a Merit

Analyse	
Comment on	
Compare & Contrast	
Describe	
Explain	
Justify	

Assess	
Discuss	

Command words for a Distinction

Evaluate	
Recommend	
Draw Conclusions	

Activity 3 – Working in the Health and Social Care Sector

From Activity 2 choose two care settings; they must come from two different settings (Health, Social and Early Years). For each of the chosen setting

1. List all the professionals / people who work there.
2. Record the type of relationships that exist in that setting, for example in a GP surgery you have receptionist to patient.

	Setting 1	Setting 2
Professionals/People who work there		
Types of Relationships		

Activity 5 – Preparation for First Year 12 Lessons

Choose two of the following life stages to research about:

- Infancy (0 -2 years)
- Early childhood (3 – 8 years)
- Adolescence (9 – 18 years)
- Early adulthood (19 – 45 years)
- Middle adulthood (46 – 65 years)
- Later adulthood (65+ years)

For the two life stages you have chosen you should explore ALL of the following areas:

- Physical development
- Intellectual development
- Emotional development
- Social development

You can choose to present your research in any way you choose, for instance PowerPoint or other presentational software. You should describe and explain each stage of development. Remember your research should be interesting to look at, so use images to support your explanations. You should be prepared to share your presentation with the class in the new term.